



15-19 July 2024
PENANG, MALAYSIA

POST-CONFERENCE EXCURSIONS

Tides of Flavor - Aquatic Food Tour

Join us for an unforgettable culinary adventure. We will travel to the quaint fishing village Balik Pulau on the other side of the island of Penang, stopping en route at a local fish restaurant to try the catch of the day. Then we visit a traditional shrimp paste factory, enjoy Penang's famous Assam Laksa, and finish off with a delicious Mee Udang. Explore the charming area of Balik Pulau, known for its farms, plantations, and fishing enterprises. Dive into the authentic flavors and traditions of Penang on this unique gastronomic journey.

1pm - 6pm

Price: \$115 USD

Unfortunately, not suitable for vegetarians

Peranakan Culinary Experience – Cooking course with Pearly

Join Pearly Kee for a Nyonya cooking class, starting with a visit to Pulau Tikus wet market to seek out and sample the fresh ingredients that you will use to prepare three different dishes. Nyonya cooking uses various Chinese ingredients and spices, prepared using Malaysian and Indonesian cooking techniques. The class is held in an outdoor cooking area at Pearly's home.

8:30am - 2pm

Price: \$105 USD

George Town World Heritage Trail

Join an experienced guide for a 2.5 - 3-hour exploration of the beautiful UNESCO World Heritage Site of George Town. It will start from the 'Street of Harmony' - so called as it is home to a church, a mosque, a Hindu temple and a Taoist temple, all constructed in the 18th Century. Then it is onto Armenian Street where you will see several forms of street art including the famous *Children on a Bicycle* mural, Chinese clan houses, museums, and shophouses selling antiques and souvenirs. The trip ends at the Clan Jetties and from there it is easy to travel back using the free CAT shuttle buses that leave from the Jetty Terminal to KOMTAR every 15 minutes. This is just a short walk back to the hotel.

9:00am – 12pm. Price: \$30 USD

Note: Bring an umbrella, drinking water and wear comfortable shoes

The Habitat Penang Hill

This trip offers an authentic, diverse and educational Malaysian rainforest experience. Meet The Habitat guide at the lower funicular station at Air Itam and take the 8-minute train ride to the upper station. From there is a short walk to the entrance of The Habitat, where you will enjoy a 1.5 hour guided walk. At the Andaman Tent, there will be a presentation and discussion with Habitat Foundation Team, followed by lunch.

08:00 - 2pm

Price: \$ 120 USD for foreigners or \$110 USD for Malaysian citizens

Note: Wear comfortable shoes and clothes for hiking.

Visit the Centre for Marine & Coastal Studies (CEMACS) and Universiti Sains Malaysia

Travel by bus to the Penang National Park, where you will get the boat to CEMACS. After an introductory talk about the Centre and the research that is undertaken there, you will visit the aquaculture labs, the National Marine Reference Collection and the Climate Change and Biodiversity Gallery. After lunch, you can spend more time at CEMACS or enjoy the beach, (showers are available if you would like to swim), before taking the boat back to the Teluk Bahang entrance of the Penang National Park and then the bus back to the hotel.

8.00am - 5pm

Price: \$55 USD

Participants: Maximum 60

Includes: bus and boat transfers, lunch, activity fees, USM charges, 8% SST.

Food allergy and vegetarian meal preference

Visit to Sungai Merbok oyster farm and guided mangrove tour

Two Science Officers from Centre for Marine & Coastal Studies (CEMACS) will meet you at the hotel. The bus trip should take about one hour, depending on traffic. You will meet Pak Su who will tell you all about his oyster farming operation. You will then enjoy an exclusive mangrove boat tour and visit the **Sungai Merbok** oyster farm, followed by lunch at a floating restaurant, before heading back to Penang.

Depart: St Giles Wembley Hotel at 8.00am

Return: around 5pm (depending on the traffic)

Price: \$60 USD

Participants: Maximum 20

Included: Mangrove boat tour, guides, oyster farm visit and lunch at floating restaurant

Note: wear comfortable clothing (preferably pants), flat shoes (no high heels), hat/cap, sunglasses, mosquito repellent, sunscreen, bring a water bottle

Food allergy and vegetarian meal preference